



TUESDAY, JANUARY 20

Praise!

For the Mighty One has done great things for me -- holy is his name. He has filled the hungry with good things but has sent the rich away empty." Luke 1:49,53

3 PRAYERS FOR THE HOMELESS & THE POOR



Prayer for for Compassion & Action

Father, help me share my bread with the hungry, welcome the homeless, and clothe those in need. Give me eyes to see, ears to hear, and hands ready to serve.

Show me how to use my resources—my home, abilities, finances—as tools of Your love. Lead me to those I can bless.



Prayer for God's Protection Over the Needy

Lord, You defend the weak and rescue the afflicted. Stretch out Your hand to those suffering. Break oppression, violence, and injustice.

Be their refuge, strength, and salvation.



Prayer for Community Support

Father, pour out wisdom on the community around the homeless and the poor, including governments, the Church, and other organizations. Thank your for the efforts of our municipal, provincial and federal governments to address homelessness and poverty. Grant that all three levels of government may work together, along with other community partners including the Church, with supernatural grace and synergy.

Activate and sustain the resolve of the community in Ottawa to remember the poor physically, mentally and spiritually.

For more prayer points visit cityonourknees.ca January 18-24, 2026